



A Heart Like His

Session #2

James 1:1-12

"Endure to Be Pure"

Start

- Would you rather exercise your body or your mind?
- What is something in your life that you had to train for to accomplish or achieve?

Watch

Use the space below to take notes while you watch the video.



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James 1:1-12

"Endure to Be Pure"

Discuss

- "The road to a 'pure' heart involves encountering and overcoming trials."* What are some of the various kinds of trials that you are experiencing or have recently experienced?
- "Endurance involves the ability to remain under a heavy load for a long time. In other words, being able to live well when the weight of life presses down on you."* How would you characterize your level of spiritual endurance? What types of things seem to wear down your spiritual endurance most often?
- When the heat of your circumstances is turned up, what kinds of impurities most often rise to the surface in your life?
- "Spiritual endurance involves 'learned dependence'."* What do you think this means? Have you ever thought about endurance in this way before?
- What role do you think failure plays in developing spiritual endurance?
- How has this time changed your perspective on going through hardships and trials? In what ways can you apply these lessons in your own life to build your spiritual endurance and develop more of a heart like His?