



# A Heart Like His

## Session #2

James 1:1-12

## "Endurance"

### Start

- Would you rather exercise your body or your mind?
- What is something in your life that you had to train for to accomplish or achieve?
- Read James 1:1-12**

### Watch

*Use the space below to take notes while you watch the video.*



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### Discuss

- The road to a 'pure' heart involves encountering and overcoming trials. What are some of the various kinds of trials that you are experiencing or have recently experienced?
- In what ways has God used the trials in your life to refine your heart to make it more like His?
- Endurance involves the ability to remain under a heavy load for a long time. In other words, when the weight of life presses down on you, how well are you able to endure those situations and respond with Christ-like character?
- What kinds of impurities most often rise to the surface in your life, when the heat of your circumstances is turned up?
- Why do you think that "Spiritual endurance is not cultivated from the comfort of a couch, but in the crucible of hardship."?
- Spiritual endurance involves 'learned dependence'? What do you think this means? Have you ever thought about endurance in this way before?



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- What role do you think failure plays in developing spiritual endurance?
- Why do you think developing a pure heart requires spiritual endurance?
- Has this changed your perspective on going through hardships and trials? In what ways can you apply these lessons in your own life to build your spiritual endurance and develop more of a heart like His?
- Jesus said that there is nothing better or more important in life than being completely transformed back into the image of God. It's worth any cost! Yet, we as Christians often do not live like we believe this. Why do you think that is?
- In what ways, does God grow and develop our hearts to make them like His? How is He currently growing and developing your heart towards completion?